

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

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1. (original) A folding collapsible exercising apparatus comprising:

2 a front base frame, said front base frame comprising a hollow main shaft having a first end and a second end, a transverse bar perpendicularly connected to the first end of said main shaft, a first U-shaped support formed integral with said main shaft at a top side near said transverse bar, a second U-shaped support formed integral with said main shaft at the top side remote from said transverse bar, and two rollers at two opposite ends of said transverse bar, said second U-shaped support comprising two first lock holes and two second lock holes;

4 *P* a rear base frame inserted into the second end of the main shaft of said front base frame, said rear base frame comprising a longitudinal series of locating holes selectively fastened to said hollow main shaft by a lock pin, a cross bar disposed outside said main shaft, and two parallel lugs, said parallel lugs having a plurality of locating holes symmetrically disposed at different angles;

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a footboard unit coupled to said rear base frame, said footboard unit comprising a footboard, and a stem extended from said footboard at one side and pivoted to said rear base frame;

a first lock pin selectively fastened to the locating holes on the lugs of said rear base frame and a hole on the stem of said footboard unit to lock said

20 footboard unit at the desired angle relative to said rear base frame;

22 a seat mounted on said main shaft of said front base frame, said seat comprising a seat tube pivoted to said second U-shaped support by a pivot;

24 a second lock pin inserted into the two second lock holes on the second U-shaped support and a hole on said seat tube to lock said seat in position;

26 a supporting bar pivoted to said second U-shaped support of said front base frame by a pivot, said supporting bar comprising a lock hole, and two pegs respectively formed integral with two opposite lateral sidewalls thereof;

28 a third lock pin inserted into the first lock holes on said second U-shaped support of said front base frame and the lock hole on said supporting bar to lock said supporting bar in position;

30 a back support pivoted to said front base frame and supported on said supporting bar, said back support comprising a bottom end pivoted to said first U-shaped support of said front base frame by a pivot, a flanged top end, and two pegs formed integral with two opposite lateral sidewalls thereof, said flanged top end comprising a lock hole;

32 two elastic members respectively coupled between the pegs at said supporting bar and the pegs at said back support;

34 a back mattress mounted on said back support, said back mattress comprising a mattress body, a hollow mounting bar longitudinally disposed at a back side of said mattress body and pivoted to said back support by a pivot, and two handgrips perpendicularly extended from the hollow mounting bar of said

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42 back mattress at two opposite sides;

44 a fourth lock pin inserted into the lock hole on said flanged top end of  
said back support and a hole on the mounting bar of said back mattress to lock  
said back mattress in position;

46 a headrest unit coupled to said back mattress, said headrest unit  
comprising a head rest, and a mounting bar fixedly provided at a back side of  
48 said head rest and inserted into the hollow mounting bar of said back mattress,  
the mounting bar of said headrest unit comprising a longitudinal series of lock  
holes;

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52 a fifth lock pin inserted into a hole on the hollow mounting bar of said  
back mattress and one of the longitudinal series of lock holes on the mounting  
bar of said headrest to lock said headrest.

2. (currently amended) The folding collapsible exercising apparatus of claim 1 further  
2 comprising two elastic pull cord members respectively fastened to the transverse bar of  
said front base frame for pulling with the hands, said elastic pull cord members each  
4 having hook at one end fastened to a respective locating ring at the transverse bar of  
said front base frame and a handle at an ~~eeoopsite~~ opposite end.

Claims 3-41 (canceled).